



Thank you for choosing to contact the Irish Academy of Training with regard to participating on our ITEC Reflexology Diploma.

Irish Academy Profile

- ✓ International and national accreditation – ITEC, FETAC & FAS
- ✓ Established since 1994
- ✓ Excellent value for money at very competitive prices
- ✓ Interest free and tailored payment plan options
- ✓ 98% exam pass rates
- ✓ Highly recommended by past students (*see testimonials*)
- ✓ Delivery of quality standards in adult education
- ✓ Qualified tutors with many years of industry experience
- ✓ State of the art facilities
- ✓ Excellent location (*visit massagecourses.ie and click on location*)
- ✓ Support available outside your course hours (*9 to 5 Monday to Friday*)
- ✓ Exclusive and customised Multi-media learning aids
- ✓ 1st college in the world to deliver the ITEC teacher training diploma
- ✓ Business and career support for students and graduates
- ✓ Publishers of Ireland's first make-up book 'Look Good, Feel Good'
- ✓ Family run business



Programme Overview

The ITEC Reflexology Diploma is one of the most recognised reflexology qualifications in the world. It enables practitioners to treat a multitude of modern day ailments and has steadily found its way into mainstream medicine.

All our tutors are qualified and have extensive backgrounds in adult education. Their teaching methods and techniques will enable you, to have confidence in your ability, to successfully complete the programme regardless of age, gender, nationality or past educational experiences.

Content Overview

The holistic approach - History of reflexology – Understand and explain reflex zones on hands/feet and their functions – The structure of the hand, wrist and arm/feet, ankles and lower leg – The sensory systems – Stress and its effects – Legislation governing treatments – Client care and well being – Consultation – Contraindications – Understanding other complementary therapies - Anatomy and physiology – Understand the effects and benefits of reflexology – External reading of the hands and feet – Reflexology treatments – Cross referral between hand and foot – Contra-actions to treatment – Evaluate and review process – Homecare – Referral - Self treatment – Case Studies

Theory Exams: Will comprise of multiple choice questions

Practical Exam: Approximately one hour to carry out reflexology treatments

The ITEC diploma is an international qualification recognised by employers and insurers enabling graduates to obtain professional indemnity and insurance.

For more Information

Phone : 01-4089769

Email: info@academy.ie

Visit: www.messagecourses.ie

We look forward to meeting you.

IRISH ACADEMY OF MASSAGE & HOLISTIC THERAPIES



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